

THUNDER BAY FAMILY NETWORK

Thunder Bay Family Network Restructuring Update!

BY SHARON BAK

While it has been some time since you have heard from us, rest assured we have been busy behind the scenes working on making significant changes that will allow us to serve families in a stronger and more comprehensive way. Our consultant's report last year provided us with much needed information and suggestions that the Board and staff have been diligently taking the time to process and plan for. One item you will note is that all of our staff now have the title of "Facilitator" for their respective positions. We believe that language matters and this change better reflects the premise that our role is to assist families and their loved ones with building their own capacity for growth. We are not here to lead; we are here to listen and support.

We are pleased to have Rae Anne Furfaro join us as our Family Engagement Facilitator. This position has been developed in order to be more responsive to family needs and focus in on facilitation, resource development, education and planning. If you have not already done so, please feel free to reach out to Rae with any questions or ideas you may have. If you are dealing with a difficult or challenging situation, we are only a phone or email away and remain committed to walking alongside those who may be struggling in order to find creative and positive solutions when and where we can. (continued on page 2)

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Restructuring Update Continued

Our two ICAN Facilitators, Casey and Nancy Rowlinson, have taken on their roles with such enthusiasm and are really working hard to ensure that network members have fun while staying true to our principles of Independence, Confidence, Achievement, and Networking! It has been challenging at times to find venues and spaces, but they are a creative team! We also want to thank our long-time supporter, Bob Speers, who took it upon himself to gather donations for ICAN so that we could rent spaces when required. He truly went above and beyond in doing this and we cannot express our gratitude enough!

One main goal of our restructuring was to rebrand and I am excited to introduce to you our new logo, mission statement, and list of values we have committed to following in all our decision making. It is a new day at Thunder Bay Family Network and we hope you will continue to join us on our journey!



Our work is based on the following Values and will be at the forefront of every decision or action we take:

- Family centered
- Strengths based
- Partnerships
- Interdependence
- Families know best
- Autonomy
- Integrity
- Respect
- Family stories
- Compassion
- Inclusive
- Caring connections

Mission Statement: Foster a future to create a more inclusive community for individuals and their families through networking, empowerment, compassion, and family-to-family connections.

MEET OUR NEW STAFF

RAE ANNE FURFARO

FAMILY ENGAGEMENT FACILITATOR

Hi I'm Rae and I have just recently joined TBFN as the Family Engagement Facilitator. My background is in health care and I have over 10 years experience working with seniors and their caregivers in both long-term care and community settings. As the Family Engagement Facilitator I am here to offer information, resource support, planning tools, and assistance to families of individuals with a disability. This is a new position so I am very excited to work with families to learn what they would like to see from Thunder Bay Family Network going forward. If there is ever anything that I can help with please don't hesitate to reach out, I can be reached by email at raeanne@tbfm or by phone at 807-577-0034. When I am not working I love spending time outdoors with my family, going to camp, cooking, crocheting or walking my puppy!



CASEY ROWLINSON

ICAN FACILITATOR

Hi I'm Casey! I come to ICAN with over 10 years experience working in various roles in the developmental service sector. I joined ICAN with a passion for facilitating activities to promote confidence, independence, networking, achievement and fun! I always look forward to spending Wednesday evenings with the network - we have a blast! When I'm not at ICAN you can find me camping, paddleboarding, skiing, flying my small plane or spending time with my dog.



NANCY ROWLINSON

ICAN FACILITATOR

Nancy is a seasoned recreation Therapist with over 20 years of experience. Prior to working for ICAN she served as the Program Manager at Roseview Manor. When not having fun with her friends at ICAN on Wednesdays you can find her working in her garden, raising monarch butterflies, and walking her two dogs.

BOARD MEMBERS

SHARON BAK
PRESIDENT

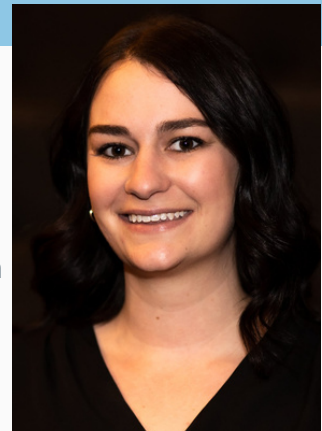
DEBBIE CHRISTIANSON
VICE PRESIDENT

ADRIANNA ATKINS
SECRETARY

DAVE COVELLO
TREASURER

TERRY LOWEY
BOARD MEMBER

RUBA ABDUL HADI
BOARD MEMBER





ICAN! UPDATE

ICAN returned to in person events last June after being held virtually due to covid 19 and it has been wonderful to be able to see all of our friends again! We have welcomed our new ICAN Facilitators Nancy and Casey and they have been such a great addition to our ICAN Network. This past year our ICAN group has been participating in so many fun activities such game nights, crafts, karaoke! They have had the opportunity to attend community events such as Border Cats and North Star games, visited the Fire Station, cleaned up the community with ECO Superior and worked on their acting skills with Magnus Theater!



HOLIDAYS ARE ALWAYS FUN AT ICAN!



ICAN! STANDS FOR
INDEPENDENCE
CONFIDENCE
ACHIEVEMENT
NETWORKING

ICAN continued!

Our ICAN group has been taking a break for the month of July so everyone can go out and enjoy all of the many summer activities that our community has to offer but we will be returning Wed. August 2nd and we have some exciting news to share!

ICAN IS PARTNERING WITH THE TBAYTEL GOOD EMPLOYEES PROGRAM, WHO WILL BE SPONSORING AND SUPPORTING AN ICAN EVENT LIKE NO OTHER!

PLEASE JOIN US WITH YOUR FAMILY AND FRIENDS FOR AN ICAN SUMMER BBQ FROM 6:30PM - 8:30PM AT THE OLIVER ROAD REC CENTRE (LOWER LEVEL).

THERE WILL BE A FOOD TRUCK FROM FOX ON THE RUN, PERFORMERS, GAMES, PRIZES AND OTHER SURPRISES!

WE WOULD LIKE TO THANK TBAYTEL FOR SUPPORTING OUR ICAN EVENT AND WE CAN'T WAIT TO SEE EVERYONE THERE! IF YOU HAVE ANY QUESTIONS PLEASE CONTACT CASEY OR NANCY AT ICANCOORDINATOR@TBFN.CA

IF YOU ARE INTERESTED
IN JOINING OUR ICAN
SOCIAL NETWORK
PLEASE EMAIL
RAEANNE@TBFN.CA
OR CALL 807-577-0034

ICAN takes place
every Wednesday
from
6:30pm to 8:30pm

Cost is \$4/week

SEE OUR ICAN AUGUST CALENDAR
HERE



UPCOMING EVENTS

ICAN SUMMER BBQ!

WEDNESDAY AUG. 2ND 2023 6:30-8:30PM
OLIVER ROAD REC CENTRE

ALSO SEE OUR SUMMER EVENTS CALENDAR
FOR UPCOMING EVENTS IN OUR COMMUNITY!

[CLICK HERE](#)

NEWS

BILL C-22 HAS BEEN PASSED BY CANADA'S
PARLIAMENT- SEE THE AODA ALLIANCE
WEBSITE FOR THE LATEST NEWS.

WWW.AODAALLIANCE.ORG/C22/

RESOURCES AND COMMUNITY PARTNERS

PARTNERS FOR PLANNING
WWW.PLANNINGNETWORK.CA

LUTHERAN COMMUNITY CARE
WWW.LCCARE.CA

COMMUNITY LIVING THUNDER BAY
WWW.CLTB.CA

OPTIONS NORTHWEST
WWW.OPTIONSNORTHWEST.COM

AUTISM ONTARIO NORTH REGION
WWW.AUTISMONTARIO.COM/REGION/NORTH

WILLOW SPRINGS CREATIVE CENTRE
WWW.WILLOWSPRINGSCREATIVECENTRE.CA

LET'S KEEP IN TOUCH!

FOLLOW US ON FACEBOOK
TO KEEP UP TO DATE
WITH THE LATEST TBFN NEWS



FACEBOOK.COM/THUNDERBAYFAMILYNETWORK

YOU CAN ALSO FIND US ON
INSTAGRAM AND TWITTER



@THUNDERBAYFAMILYNETWORK1



@TBFAMILYNETWORK



WWW.TBFN.CA



807-577-0034



info@tbfm.ca

or

raeane@tbfm.ca



THAT'S IT FOR NOW BUT WATCH FOR MORE EXCITING NEWS AND EVENTS
FROM THUNDER BAY FAMILY NETWORK COMING YOUR WAY!